The 41st Niigata City Marathon 2025 Event Information

Race Day Schedule

5:30	Opening of the Starting	8:15	Proceeding to the
AM	Venue	AM	Starting Line
6:30	Start of Baggage Check-	8:30	Marathon Fun Run
AM	in	AM	Start
	(~ 7:50 AM)		
7:30	Beginning of Starting	10:20	End of the Fun Run
AM	Block Lineup	AM	
	(~ 8:10 AM)		
7:55	Opening Ceremony	3:30	End of the Marathon
AM		PM	

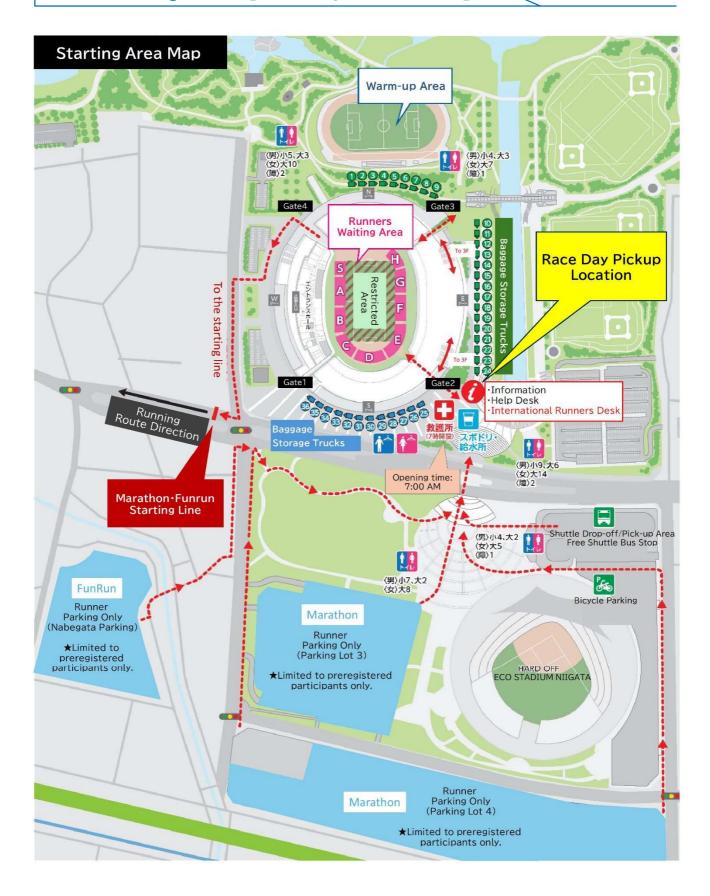
Receiving Your Athlete Bib

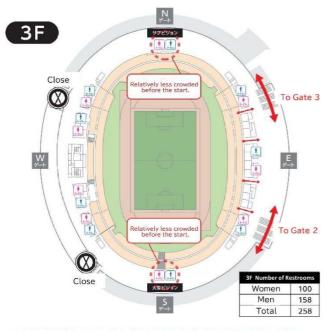
We will be distributing the requisite athlete bibs and timing chips on the following days at the following venues.

Date	Venue	Time			
It is recommended that you go and receive your bib and timing chip the preceding day (Saturday the 11th) to avoid congestion on the day of the race.					
October 11th (Saturday) (Preceding Day)	Niigata City Tourist Information Center (Inside Niigata Station) **https://www.nvcb.or.jp/multilingual/guide/visitor-centers*	1:00 PM ~ 5:00 PM			
October 12th (Sunday) (Race Day)	Race Stating Point (Denka Big Swan Stadium) International Runners Desk	5:30 AM ~ 7:30 AM			

★Please present your passport (copies acceptable) at the time of pickup.

Race Stating Point [Denka Big Swan Stadium]





- ▶Please use the outside or 3rd floor area restrooms.
- ▶Only the first tier of stadium seating will be open. The second tier is off-limits

Required Items

- 1 Athlete Bibs (Number Card)
- ② Timing Chips
- ► Special bands are available for shoes without laces.
 Please visit the help desk to receive one.
- 3 Baggage Storage Bag Sticker

Baggage Check-in (6:30 AM~7:50 AM)

- ▶ Please place your sticker on the designated spot on the baggage storage bag you received the day before or on the day of the race.
- ▶ Deliver your baggage to the truck whose number is indicated on your sticker.
- ▶ Do not include valuables, fragile items, animals or insects, large umbrellas or dangerous materials in your baggage storage bag.
 - Large baggage will not be accepted.
- ▶ Please securely close your bag to ensure that the contents do not fall out.
- ▶ We do not accept responsibility for any lost or damaged item.
- ▶ Baggage will not be accepted past the above stated time.
- ▶ Baggage received at the starting venue will be returned at the finish line (You will not be able to check-out your baggage until then.)
- ▶ The starting venue will close after the race begins, so you are not allowed to leave any belongings there.



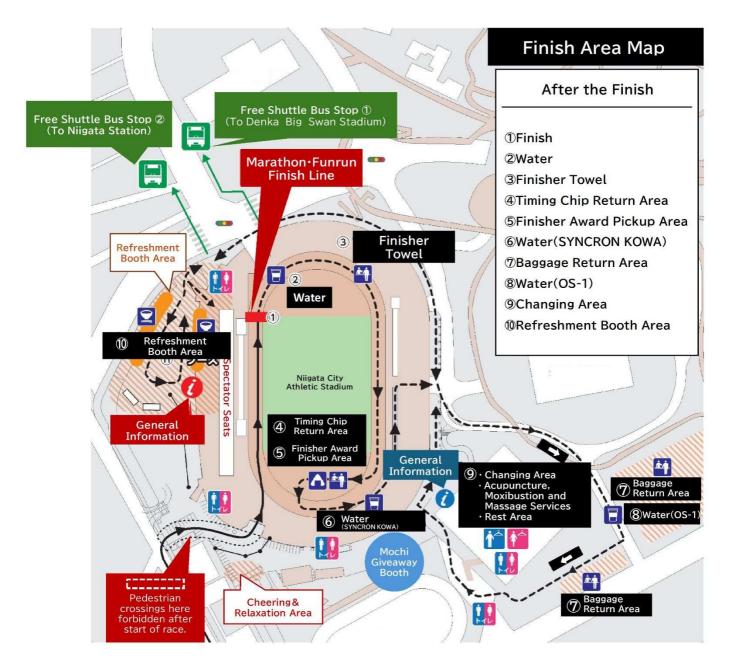
Please place your sticker on the designated spot on the baggage storage bag.

Starting Block Lineup (7:30 AM~8:10 AM)

- ▶ Please make sure to hydrate yourself appropriately and make use of the restrooms before you line up.
- ▶ Position yourself at the starting block indicated on your athlete bib.
- ▶ Any runner not present at his or her starting block during lineup time will be relegated to the back.
- ▶ Any runner who fails to arrive by starting time will be disqualified.



Finish Area[Niigata City Athletic Stadium]



[General Information]

English interpreters will be on-site.

[Baggage Return]

- ▶ You will be able to receive your checked-in baggage from the truck whose number is indicated on your athlete bib. Please present your athlete bib when picking up your baggage.
- ▶ Expect crowding at the baggage pick-up site after the race finishes.

[Records and Awards]

- ► The official records will be based on gross time (time from the starting gun).
- ▶ Race finishers will be able to download their finishing certificate on our website after the race.

Access to the Venue / Using the Free Shuttle Bus

Crowds are expected around the shuttle bus boarding area. Please allow for sufficient time for your arrival.

The organizers will not be held responsible for latenesses due to traffic conditions.



Niigata Station South Exit

Denka Big Swan Stadium

First Bus 5:15 AM (Travel Time:approx.20min)

- ► Buses will be operating regularly between these times.
- ▶Times may vary slightly due to road conditions.

Last Bus 7:15 AM



Niigata City Athletic Stadium ↓ Denka Big Swan Stadium

First Bus 10:00 AM (Travel Time:approx.30min)

- Buses depart every 10-15minutes.
 Times may vary slightly due to road conditions.
- Last Bus 5:00 PM

Niigata City Athletic Stadium

Niigata Station South Exit

First Bus 10:00 AM (Travel Time:approx.20min)

►Buses depart every 10-15minutes.
►Times may vary slightly due to road conditions.

Last Bus 5:00 PM

Competition Rules and Reminders

- ► The marathon will be held in accordance to the 2025 Japan Association of Athletics Federations (JAAF) Competition Rules and the event regulations.
- ▶ No one other than the entrant will be allowed to participate (for example substitute runners or transferring entrant status to another party). Anyone found to be in violation of this will be disqualified.

[Athlete Bibs]

▶ Please wear your athlete bib so that the front and back are clearly visible.

[Timing Chips]

▶ Please make sure to firmly attach your timing chip to your shoes. Failure to do so will result in your time not being recorded and disqualification.

[Pacers]

▶ Official pacers will be present during the race. More detailed information is available on our homepage.

[Safety Precautions While Running]

- ▶ Traffic restrictions will be in place on the course. However, there will be sections with oncoming traffic.
- ▶ Parts of the course include narrow sections and riverside walkways. Please follow staff directions.
- ▶ Distance marker signs will be place every kilometer along the course.

[Emergency Race Suspensions]

▶ During the race, emergency vehicles may pass through the course due to incidents such as accidents or fires. Should this happen, please make sure to follow staff directions.

[Mid-Race Withdrawals]

- Participants will not be allowed to proceed after checkpoint closure. Participants may also be asked to withdraw mid-race should a referee judge that a participant is too far behind even if it is before checkpoint closure. Should you be asked to withdraw, please make sure to follow staff instruction and either board the transport bus at the next checkpoint or following the last runner to be taken to the finish line.
- ▶ Clothing and accessories that violate social standards and may be dangerous or intimidating to other participants are forbidden to be worn, held or displayed at all venues, courses included. This includes walking poles, flags and banners, clothing or accessories made with metal wires, attires and accessories advertising religious or political content, and advertisements of companies or products unless permission is granted by the organizers. The organizers reserve the right to deny participation based on these guidelines and will not acknowledge any arguments or complaints on this topic.

First-aid, Water and Food Stations

- ▶ Medical runners (doctors, nurses and paramedics) while be participating in the marathon. Medical runners will provide first-aid and notify medical headquarters should they discover another runner suffering an injury or illness (Please note that medical runners will not be equipped with medical supplies.)
- ▶ Each first-aid station operates with a focus on life-saving treatment and will only provide first-aid for injuries and illnesses occurring during the race.
- ▶ First-aid stations will not provide over-the-counter medication such as digestive medicine, cold medicine, compresses or cooling sprays.
- ▶ Only a limited amount of food will be available.

No	Point	
1	5.0km	
2	7.5km	
3	11.0km	
4	15.7km	
5	19.3km	
6	21.6km	
7	24.8km	

No	Point
8	27.2km
9	31.8km
10	33.4km
11	36.3km
12	38.7km
13	40.7km

Restrooms

- ▶ Only a limited number of restrooms are available on the course. Please make sure to use the facilities before the start of the race.
- ▶ Please do not use the restrooms of businesses along the course, as this causes inconvenience to said businesses and may affect traffic control times (This is a frequent source of complaint every year.)

Point
Starting Area
5.0km
5.3km
7.5km
9.7km
11.0km
12.8km
15.7km
19.3km
21.6km
22.8km
23.0km

Point
23.2km
23.6km
24.8km
27.2km
29.8km
31.8km
33.4km
36.3km
38.7km
40.7km
Finish Area