



# Race Information

## NIIGATA CITY MARATHON 2026

### Official Race Name

42nd NIIGATA CITY MARATHON 2026

### Start Times

October 11<sup>th</sup>, 2026 (Sun.) ※ Being held rain or shine.

Marathon Start - 8 : 30 / Finish - 15 : 30

Fun Run Start - 8 : 30 / Finish - 10 : 20

Universal Run Admission - 9 : 00 - 10 : 40

### Events

Marathon (42.195 km) / Fun Run (10.6 km) / Universal Run

### Courses

The course map can be found on the marathon's home page or by using the 2D Code to the right.

Marathon

Denka Big Swan Stadium 【Start】  
⇒ Niigata City Athletic Stadium 【Finish】  
World Athletics certified and Japan Association of Athletics Federations approved course

Fun Run

Denka Big Swan Stadium 【Start】  
⇒ Niigata City Athletic Stadium【Finish】

Universal Run

Furumachi Juujiro 【Start・Finish】  
⇔ Bandai Bridge east end Circular course  
(one lap = 2km)



Course Information  
(In Japanese only)

### Race Rules and Operations

Marathon

The race will be held according to the competition rules stipulated by the Japan Association of Athletics Federations (Public Interest Company)

2026.

※ Sole Thickness Regulations

Men who finish the course in under two hours and 21 minutes and women who do so in under two hours and 56 minutes will have the thickness of their soles measured. Their time will not be officially recognized should their shoes not conform to the official regulations.

Fun Run

The race will be held according to the competition rules stipulated by the Japan Association of Athletics Federations (Public Interest Company) 2026.

Universal Run

Admission ( 9 : 00 - 10 : 40 ) Participants will be allowed to run or walk their desired amount of time/distance inside the course. Once registered, participants will be allowed to freely enter the course during admission time.

## Starting Positions

Marathon Fun Run

(1) Starting block assignments will be based on the estimated course completion time declared at registration (Assignments will be done regardless of registration status with the Japan Association of Athletics Federations. Both races will begin at the same time.) Please make certain to declare a realistic completion time based on your running abilities as not doing so may be dangerous and cause collisions with other runners and falls at the start. Those who fail to declare a completion time will be assigned blocks at the back.

Universal Run

(2) Depending on your starting block, it may take up to 20 minutes to reach the starting line after the starting gun.

## Result Timing

Marathon Fun Run

(1) The results of the race (including the recording of award recipients) will be recorded as the gross time from the starting signal to crossing the finish line.

(2) Times will be recorded at the following points:

Marathon /5km, 10km, 15km, 20km, the middle point (21.0975km) ,25km, 30km, 35km, 40km, the finish line

Fun Run /5km, 10km, the finish line

(3) The finishing order and times will be decided using timing tags. Please take care as failure to wear or improperly wearing the timing tags will

- result in times not being recorded.
- (4) The timing tags and athlete bibs will be sent by mail to participants by the end of September.
  - (5) Finisher certificates must be downloaded online and will not be handed out during the marathon.
- Universal Run Finishing times will not be recorded.

## Prizes and Awards

### Marathon

We will mail the prizes and certificates to overall finishers (up to 8<sup>th</sup> place) and age group finishers (up to 3<sup>rd</sup> place, certificates only for 4<sup>th</sup> to 6<sup>th</sup> place) after the event. Japanese addresses only.

- Overall men and women finishers 1st – 8th place
- Age group awards – men and women 1st – 6th place (participants 29 and under, in their 30s, 40s, 50s, 60s, 70 and over)

### Fun Run

- Age group awards – men and women 1st – 6th place (participants 29 and under, in their 30s, 40s, 50s, 60s, 70 and over)

### Universal Run

Prizes will not be awarded.

## Cut-off Checkpoints / Things to Know Before the Race

### Marathon

### Fun Run

- (1) Cut-off checkpoints will be set up along the courses and closed at predetermined times to ensure participant safety and the smooth flow of regular traffic. After a checkpoint is closed, participants will not be allowed to pass through and continue in the race. Please also note that the referees may also signal participants to retire from the race if they are judged to be severely behind even before checkpoint closures.
- (2) Emergency vehicles may enter the course in case of emergencies such as accidents, fires, sudden illnesses and so on. This will cause the referees to pause the race. Please be aware that these occurrences or anything delaying the starting gun will not affect result timing nor checkpoint closing times.

### Universal Run

After the end of the event, please exit the course in a timely manner, for example by moving to the sidewalk.

## Finisher Prizes

Marathon

Fun Run

A finisher towel and either a jumbo rice ball or a pack of microwavable rice. ※ The Marathon and Fun Run will have different towels.

## Baggage Check-In

Marathon

Fun Run

- (1) Baggage and belongings may only be checked in before the event using the bags furnished  
(height 70cm×width 50cm×length 5.5cm)
- (2) The organizers of the event will not take any responsibility for the theft, loss or damage of valuables. Participants are asked to please take care of their valuables.
- (3) Baggage checked in before the race will be taken to the finish line by the organizers. Delivery may be late due to factors such as traffic congestion.

Universal Run

Baggage excluding valuables may be checked in at the venue during the event.

## Participation Prizes

Marathon

Fun Run

Entrants may choose one participation prize between a custom Niigata City Marathon shoulder bag, running cap or silicon bottle.

※ Supplies of each are limited. Applications are processed on a first come, first served basis and will be closed once supplies run out. You are advised to apply as soon as possible.

※ Cancellations no changes will not be accepted once registration is completed.



Universal Run

Niigata City Marathon custom participation prize

## Issuance of Bibs and Other Items

The following will be sent to participants by mail near the end of September:

**Please note that we will not be able to send the following items to you if you have registered through Run Japan. You will be required to pick them up the day before the event at the designated area inside of Niigata Station. The specifics will be emailed to you in early September.**

Marathon Fun Run

Athlete bibs, timing tags, participation information, participation prizes, baggage check-in bags, etc.

Universal Run

Athlete bibs, participation information.

Please be advised that the organizers will not take responsibility for any late or undelivered items or material due to address input errors during registration or circumstances during shipping. Should you wish to change your address after registration, please do so on the RUNNET website main page and notify our offices before the end of July.

## Racing Attires

Clothing and accessories that violate social standards and may be dangerous or intimidating to other participants are forbidden to be worn, held or displayed at all venues, courses included. This includes walking poles, flags and banners, clothing or accessories made with metal wires, attires and accessories advertising religious or political content, and advertisements of companies or products unless permission is granted by the organizers. The organizers reserve the right to deny participation based on these guidelines and will not acknowledge any arguments or complaints on this topic.

## Getting to the Venues by Public Transport

Marathon Fun Run

- (1) Paid parking will be provided around the starting venue on the day of the event (October 11th, 1100 yen (tax included) per vehicle). Because space is limited, participants wishing to use these paid parking spaces are required to reserve one during registration (Spaces will be allotted in order of registration.) Cancellations or extra reservations after registration are not allowed.
- (2) A free shuttle bus will be in operation on the day of the event.  
【Before the event】:  
JR Niigata Station (south exit) ⇒ Denka Big Swan Stadium  
【After the event】 :  
① Niigata City Athletic Stadium ⇒ JR Niigata Station (south exit)

- ②Niigata City Athletic Stadium ⇒ Denka Big Swan Stadium
- (3) The organizers will not acknowledge any lateness caused by traffic conditions or using public transport.

For those using public transport			
To the venue	JR Niigata Station	A free shuttle bus or On foot (approx. 4.1km) →	Denka Big Swan Stadium
Returning	Niigata City Athletic Stadium	A free shuttle bus or On foot (approx. 3.0km) →	JR Niigata Station
		On foot (approx. 0.9km) →	JR Hakusan Station
For those using their own vehicles			
To the venue	From home or other accommodations	By car →	Denka Big Swan Stadium (Paid parking, please reserve during registration.)
Returning	Niigata City Athletic Stadium	A free shuttle bus (approx. 7.4km) →	Denka Big Swan Stadium
			By car → Home or other accommodations

### Universal Run

Please use public transport or public parking near the venue.  
A free shuttle bus Parking will not be provided.


On foot	JR Niigata Station	On foot approx. 25 minutes (approx. 2.2 km) →	Furumachi
By bus	Niigata Station bus terminal	Line 6, Bandai Bashi line approx. 8 minutes (260 yen) ※ Only available outside of traffic restriction time (8:30 - 11:00) →	Furumachi
		Line 6, Bandai Bashi line approx. 3 minutes (120 yen) ※ Available during traffic restriction time →	Bandai City
			On foot approx. 15minutes → Furumachi



# How to Enter

## NIIGATA CITY MARATHON 2026

You may register through RUNNET or the international entry site Run Japan.

Registration Website	Supported Languages	Registration Fee	Payment Methods	Advance Mailing of Bibs & Other Materials	Registration Portal
RUNET	Japanese	Based on total amount paid: Under 4000 yen: 240 yen Over 4000 yen: 6%	•Credit Card •Convenience store payment •Other	At the end of September (Japanese addresses only)	 Note: It is not possible to register for the Universal Run via Run Japan.
Run Japan	•English •Traditional Chinese •Simplified Chinese	14%	•Credit Card •Other	Not available Must be picked up at the designated area inside of Niigata Station the day before the event (Saturday, October 10, 2026). Details will be emailed to entrants at the start of September.	

The official Niigata City Marathon homepage:

<https://runfes-niigata.com>

Entry period, method:

(Online) From April 8<sup>th</sup> (Wed.) 10 : 00 to June 30<sup>th</sup> (Tue.) 23 : 59

Event	Marathon	Fun Run	Universal Run
Maximum number of participants (by order of registration)	9000 participants	3000 participants	400 participants
	※ Registrations will be closed once the maximum number of participants is reached and will no longer be accepted even if it is within the application deadline. Please apply as soon as possible.		
Time limit	7 hours	1 hours 50 minutes	
Entry fee (tax included)	12500 yen	7700 yen	3300 yen
Entry requirements	① Must be born on or before April 1 <sup>st</sup> , 2008. ② Exceptions will be made for people who have completed the April 26th (Sun.) 17th Sado Toki Marathon. Those meeting this criterion will receive a special bib. ※ Wheelchair users cannot participate.	Must be born on or before April 1 <sup>st</sup> , 2011.  ※ Wheelchair users (track and field wheelchairs excepted) may participate.	① Must be born on or before April 1 <sup>st</sup> , 2014. ② People born after this date are allowed to enter provided that they are accompanied by a parent or guardian over 18 (application required, only up to two may participate). Children not yet in elementary school may participate for free. ※ Wheelchair users (track and field wheelchairs excepted) may participate.
Entry period, method	<b>(Online) From April 8<sup>th</sup> (Wed.) 10 : 00 to June 30<sup>th</sup> (Tue.) 23 : 59</b>		

- ※ During online registration, when entering in a group (for example, as a family or group of friends), you are required to pay the total entry fee for every participant.
- ※ The above information may be subject to change.
- ※ People with disabilities that cause them to be unable to run individually are allowed the assistance of a companion runner. Companion runners may participate for free (limited to one companion for the Marathon and Fun Run, two companions for the Universal Run).

## Niigata City Marathon Merchandise

Niigata City Marathon merchandise will be available for purchase to participants!

T-shirts, carb-loading sets and fine foods from Niigata will all be on sale.

- ※ May only be purchased during entry.
- ※ Details will be available on the homepage once finalized.

## Athlete Bibs With Nicknames

- Nicknames may be added to athlete bibs for an extra 550 yen (five characters maximum) .
- Please enter the desired nickname during registration.
- Nicknames will not be allowed if they are deemed to be inappropriate by the organizers, for example names of companies or products, and the extra fee will not be refunded.
- Does not apply to registered members of the Japanese Association of Athletics Federations.

## Entry Terms and Conditions

Participants will be required to accept the following terms and conditions upon entry:

- (1) If found to have applied for multiple events at the same time or falsified information during the registration process, participants will be disqualified and the organizers will not provide any compensation or refunds.
- (2) After entry, participants will not be allowed to modify, correct or cancel any of the entered information.
- (3) Participants are not allowed to falsify names, ages or gender on their applications, nor is anyone other than the entrant allowed to participate (for example substitute runners or transferring entrant status to another party). Participants found to be in violation of this will be disqualified, the organizers will not offer any form of refund of compensation, and the disqualified entrant will be banned from entering future Niigata City Marathons.
- (4) Please make sure to input your address (including the building name, room number and other information) and email address accurately when registering. The organizers will not be held responsible for any undelivered or late materials or emails due errors during the registration process (for example mistakes in your Sports net ID, your RUNNET registration information).
- (5) The organizers will not be held responsible for any loss of items, illnesses or any other incident occurring during the event, unless they are found do have somehow acted in bad faith or committed gross negligence.
- (6) Should and illness or injury occur to a participant during the events and said participants agree to receive first aid, the organizers will not be held responsible for the methods and carrying out of said first aid.
- (7) Participants will be automatically covered by accident insurance by the organizers. However, please be aware that COVID-19 infections do not fall under the coverage of this insurance.
- (8) Should the events be canceled or their scale reduced by circumstances out of the control of the organizers, for example earthquakes, wind of flood damage, lightning strikes, accidents, illnesses or other incidents, any refunds and the amount refunded (including if entry fees will be refunded at all) will be decided at that time in consideration of criteria such as expenses already incurred (In the case of the scale of the event being reduced, this will only apply to entrants having been asked to not participate by the organizers.)
- (9) Participants are being asked to have properly trained for the event and received all the necessary medical examinations to ensure they are in proper condition to compete.
- (10) The organizers will take absolutely no responsibility for any lateness or inability to reach the events due to public transport delays or traffic conditions. Entry fees nor any other charge will not be refunded.

- (11) The likeness and publication rights of filmed footage, photographs, records, the names, age and address of entrants (limited to their prefecture and city of residence) in any medium such as newspapers or the internet shall be attributed to the organizers.
- (12) The organizers understand the importance of protecting private information and will handle any such information in compliance with the Act of Protection of Personal Information and any other related law. Please note that personal information may be shared with public health centers for goals other than the operation of the event, such as measures to prevent the spread of infections and diseases.
- (13) Participation information, record notifications, notifications of related information, information about the next Marathon, Marathon sponsorships and cooperation, provision of services from related organizations, ranking announcements and surveys may be used by Marathon officials with the goal of improving their services.
- (14) The Marathon is being held in compliance with all relevant national laws.
- (15) Minors must receive the approval of a parent or guardian before entering.
- (16) The organizers will not be held responsible in any way for any late or missing applications or payments due to problems with internet devices or connections.
- (17) Online registration may not be available due to the device, operating system or browser used.
- (18) Please follow any other directions by the organizers to ensure a safe and secure event.

## For Inquiries About the Niigata City Marathon

Niigata City Marathon Executive Committee Offices

〒951-8554 Niigata City, Chuo-ku, Furumachidori 7 Bancho 1010 Banchi, Furumachi Refuru 5F

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